

# Tarrant High School August 2025 Breakfast Menu

<b>Fruit and Yogurt Parfaits and Smoothies available M,W,F</b> <u>Cereal, Milk, (% plain and fat free)</u> <u>offered daily</u>	  		<b><u>Menu subject to change without notification</u></b>	
	<b>Monday, August 4</b>	<b>Tuesday, August 5</b>	<b>Wednesday, August 6</b>	<b>Thursday, August 7</b>
			Poptart or Cereal Bar	French Toast Sticks and Sausage
			Fruit	Fruit
			Milk	Milk
<b>Monday, August 11</b>	<b>Tuesday, August 12</b>	<b>Wednesday, August 13</b>	<b>Thursday, August 14</b>	<b>Friday, August 15</b>
Muffin or Cinnamon Bun	Sausage Biscuit	Poptart or Cereal Bar	Mini Pancakes and Sausage	Frudel or Mini Cinni
String Cheese and Fruit	Fruit	Fruit	Fruit	Fruit
Milk	Milk	Milk	Milk	Milk
<b>Monday, August 18</b>	<b>Tuesday, August 19</b>	<b>Wednesday, August 20</b>	<b>Thursday, August 21</b>	<b>Friday, August 22</b>
Muffin or Cinnamon Bun	Chicken Biscuit or Pancake Bites	Poptart or Cereal Bar	French Toast Sticks and Sausage	Chicken Minis
String Cheese and Fruit	Fruit	Fruit	Fruit	Fruit
Milk	Milk	Milk	Milk	Milk
<b>Monday, August 25</b>	<b>Tuesday, August 26</b>	<b>Wednesday, August 27</b>	<b>Thursday, August 28</b>	<b>Friday, August 29</b>
Muffin or Cinnamon Bun	Sausage Biscuit	Poptart or Cereal Bar	Mini Pancakes and Sausage	Breakfast Pizza
String Cheese and Fruit	Fruit	Fruit	Fruit	Fruit
Milk	Milk	Milk	Milk	Milk

In accordance with Federal law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability, and reprisal or retaliation for prior civil rights activity. (Not all prohibited bases apply to all programs.) Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotope, and American Sign Language) should contact the responsible State or local Agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800)877-8339.

To file a program discrimination complaint, a complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form, which can be obtained online, at [www.usda.gov/sites/default/files/documents/usda-program-discrimination-complaint-form.pdf](http://www.usda.gov/sites/default/files/documents/usda-program-discrimination-complaint-form.pdf), from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: 1) Mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; 2) fax: (833) 256-1665 or (202) 690-7442; 3) e-mail: [program.intake@usda.gov](mailto:program.intake@usda.gov)

This institution is an equal opportunity provider.

# Tarrant High School August 2025 Lunch Menu

<div> <div> <b>PBJ, Salads available</b>  <b>daily</b>  <u>Milk, 1% plain</u>  <u>and fat free</u>  <u>offered daily</u> </div> <div>  </div> <div>  </div> <div> <u>Menu subject to</u>  <u>change without</u>  <u>notification</u> </div> </div>				
Monday, August 4	Tuesday, August 5	Wednesday, August 6	Thursday, August 7	Friday, August 8
		<u>Entrée</u>	<u>Entrée</u>	<u>Entrée</u>
		Crispito w/ Cheese	Dill Chicken Bites Roll	Hamburger/ Cheeseburger
		<u>Sides</u>	<u>Sides</u>	<u>Sides</u>
		Corn Pinto Beans Assorted Fruit	Baby Bakers Green Beans Assorted Fruit	Oven Fries Baby Carrots Assorted Fruit
Monday, August 11	Tuesday, August 12	Wednesday, August 13	Thursday, August 14	Friday, August 15
<u>Entrée</u>	<u>Entrée</u>	<u>Entrée</u>	<u>Entrée</u>	<u>Entrée</u>
Pizza	Taco Salad	BBQ Sandwich	Cheeseburger Dippers Roll	Hot Wings Celery w/Ranch
<u>Sides</u>	<u>Sides</u>	<u>Sides</u>	<u>Sides</u>	<u>Sides</u>
Corn/Steamed Broccoli Assorted Fruit	Pinto Beans/Cucumbers w/Tajin Assorted Fruit	Baked Beans/Sweet Potato Fries Assorted Fruit	Baby Carrots/Green Beans Assorted Fruit	Potato Wedges/Roll Assorted Fruit
Monday, August 18	Tuesday, August 19	Wednesday, August 20	Thursday, August 21	Friday, August 22
<u>Entrée</u>	<u>Entrée</u>	<u>Entrée</u>	<u>Entrée</u>	<u>Entrée</u>
Chicken Tenders Roll	Spaghetti Breadstick	Sub Sandwich	Chicken Fajita Nachos Queso	Hot Dog
<u>Sides</u>	<u>Sides</u>	<u>Sides</u>	<u>Sides</u>	<u>Sides</u>
Baby Bakers Green Beans Assorted Fruit	Steamed Broccoli Orange Peel Carrots Assorted fruit	Baby Carrots w/ranch Oven Fries Assorted fruit	Corn Pinto Beans Assorted fruit	French Fries Coleslaw Assorted Fruit
Monday, August 25	Tuesday, August 26	Wednesday, August 27	Thursday, August 28	Friday, August 29
<u>Choice of entrée</u>	<u>Choice of entrée</u>	<u>Choice of entrée</u>	<u>Choice of entrée</u>	<u>Choice of entrée</u>
Italian Dunkers Marinara	Smoked Sausage Macaroni and Cheese	Asian Citrus Chicken Egg Roll	Taco Salad	Spicy Chicken Sandwich
<u>Sides</u>	<u>Sides</u>	<u>Sides</u>	<u>Sides</u>	<u>Sides</u>
Green Beans Baby Carrots w/Ranch Assorted Fruit	Collard Greens Blackeye Peas Assorted Fruit	Vegetable Fried Rice California Vegetables Assorted fruit	Corn Pinto Beans Assorted Fruit	Sweet Potato Fries Baked Beans Assorted Fruit